# Pecreation 2025/2026 PROGRAM GUIDE Fall & Winter



For complete information about programming visit AvonLakeRec.com



#### **Mission Statement—**

To enhance the quality of life for Avon Lake residents by offering engaging recreation, leisure, and enrichment activities that promote health, connection, and personal growth, while fostering an active, fun, and healthy community along the shores of Lake Erie.



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**Anchor Recreation Facility** 

Phone: 440-930-4141

#### 3 Easy Ways to Register

#### Online at avonlakeoh.myrec.com

Create your household profile, register, and pay online using Discover, MasterCard or Visa.

#### **In Person**

Stop by Avon Lake City Hall, 150 Avon Belden Road, Monday through Friday from 8:00 am to 4:30 pm. Pay using credit, debit, cash or check.

#### Phone 440-930-4130

Call the Recreation Department and our friendly staff will be happy to process your registration. Pay over the phone using Discover, MasterCard, or Visa.

For a full list of policies (i.e. cancellation, refund, inclement weather, etc.) please visit avonlakeoh.myrec.com.



#### MAKE A DIFFERENCE: Volunteer to Coach Youth Sports!

Coaching youth sports is more than just teaching the rules of the game—it's about shaping young lives and creating lasting memories. As a volunteer coach, you'll have the chance to:

- Be a Positive Role Model: Inspire kids to work hard, build confidence, and embrace teamwork both on and off the field.
- Strengthen Community Ties: Form meaningful connections with players, families, and fellow volunteers while making your community a better place.
- Enjoy the Reward of Giving Back: Few experiences are as fulfilling as watching kids grow, learn, and have fun because of your guidance.
- Learn and Grow Alongside the Kids: Coaching provides opportunities to develop leadership and communication skills while rediscovering the joy of play.

**No experience? No problem!** We provide resources, training, and support to ensure you're confident and ready to make an impact. Your willingness to give your time and energy means the world to our young athletes and their families.

Contact Olivia Taylor @ (440) 930-4136



# **ALPS**

# Build Play. Build Futures. Partner with Us to Create Joy for Generations!

The Avon Lake Play Space (ALPS) will be more than just a place to play. It will be a vibrant, inclusive, and safe community space where children and families of all abilities can grow, connect, and thrive.

Playgrounds are essential to childhood development — they spark creativity, build social skills, and encourage healthy, active lifestyles. They're also powerful gathering places that strengthen community bonds. With your help, the ALPS will positively impact thousands of children and adults every year.

#### **Become a Community Sponsor**

Your sponsorship helps bring this vision to life.

Visit AvonLake.org/ALPS to learn how to donate.



Thanks for playing your part as a Silver Sponsor!

#### The City of Avon Lake

Mark Spaetzel, Mayor

Jennifer Fenderbosch, Council President, Ward II

**Zach Arnold,** Council At-Large **Geoffrey R. Smith,** Council At-Large

**K. C. Zuber,** Council At-Large

Rob Shahmir, Ward I Amy Gentry, Ward III

David Kos, Ward IV





#### Jr. Shoremen and Shoregals Basketball Programs – 2026 Season

The Avon Lake Recreation Department is excited to offer Jr. Shoremen and Shoregals youth basketball programs for the upcoming 2026 season!

All participants will receive a branded reversible jersey and shorts.

#### **Registration Details**

- Registration Begins: October 1, 2025
- Registration Deadline: November 30, 2025
- Late Registration: Based on availability and may include a late fee. Dates, times, and fees are subject to change without notification.

#### **Team Placement**

- Teams are divided equally by grade.
- Whole teams will not be accepted.
- Player requests may be submitted, but are not guaranteed.

#### Locations

Games and practices may take place at the Anchor Recreational Facility or in one of the many gyms throughout Avon Lake City Schools.

#### **Practice Schedule**

- Practices begin January 5.
- 1st/2nd Grade: Practice once per week immediately prior to their game.
- 3rd/4th Grade: Practice once per week.
- 5th–8th Grade: May practice up to twice per week.

Practice days and times for grades 3–8 are based on coach availability and will take place Monday–Friday, between 5:00 PM and 9:00 PM.

#### **Game Schedule**

- Boys Grades 1–6:
   Games played Saturdays, 9:00 AM 3:00 PM
- Boys Grades 7–8 & All Girls Divisions:
   Games played Sundays, 12:00 PM 4:00 PM

Games begin Saturday, January 17 and run through March 8. All schedules are subject to change based on gym availability. Dates are subject to change without notice.

#### **Pictures**

Saturday, February 7th & Sunday, February 8th

#### **Volunteers Needed**

Our programs rely on parent volunteers to serve as head or assistant coaches.

If you're interested in volunteering, please indicate "Yes" during registration.

No coaching experience is necessary—training and resources are provided for practice planning and team management.

Please note: The number of teams and the timing of season information may depend on the number of volunteers at the time of registration.

#### **Important Facility Reminder**

To maintain clean and safe gymnasiums, players must carry in their basketball shoes and change into them upon arrival.





An Avon Lake Recreation Facility | 32756 Lake Rd.

### SQUEAKY SNEAKERS Pre-school playtime fun!

Through May 15th, 2026 Monday, Wednesday, Friday 9am–12pm Cost \$2/Child

#### **OPEN PICKLEBALL**

Through May 15, 2026 Tues. 1p-3p | Thurs. 9a-12p | Fri. 1p-3p 12 Visits for \$60 or \$6 Drop in

#### **BIRTHDAY PARTIES**

Through May 29th
2 Hours | \$150 | Sports Parties
Contact Brian Mahoney 440-930-4135
email: bmahoney@avonlake.org

#### RENTALS

Weekday evenings: October 27-December 24 Saturdays & Sundays: August 28-May 29 Contact Brian Mahoney 440-930-4135 email: bmahoney@avonlake.org













Friday, December 5th & Saturday, December 6th Time slots on sale Monday, November 3rd

Proceeds benefit the Avon Lake Historical Society





# Dark Skies Bright Kids

An out-of-this-world night of astronomical education the whole family will enjoy. Local astronomical societies will be bringing their entire toy box of telescopes, laser pointers, moon rocks, experiments from the International Space Station and even an inflatable planetarium! Space themed crafts and snacks are included!

FRIDAY, FEBRUARY 20TH, 2026



## Senior Center Activities at the Old Firehouse Indoor Walking Club

Monday through Friday 8am to 9am

#### **Intermediate & Advanced Bridge**

Mondays, Wednesdays & Fridays at 12pm

**Bingo** Generally the 3rd Thursday of each month at 2pm. However, that may change due to other programming.

#### **Bridge Lessons**

Fridays at 10am (per request)

Hand & Foot Mondays and Fridays at 1pm

Mahjong Tuesdays at 1pm

**Dominoes** Tuesdays at 1pm

Friday Crafts Fridays at 10am

Wednesday Morning Movies at 10am

A varity of current and classic movies.

#### **Lunch & Learn**

At least once a month we host various speakers who present topics of interest to seniors and provide a free lunch.

#### **Free Special Occasion Luncheons**

Typically, we celebrate St. Patrick's Day, Summertime, Halloween, Thanksgiving, and Christmas with a free lunch and gathering.

**Senior Hot Lunch**—Third Tuesday of every month at 12pm (reservations required) \$7. Old Firehouse members pay \$5. Over 90 FREE.

#### **Blood Pressure Screenings**

Third Tuesday of each month at 12:30pm

#### Senior Strong Program Thursdays at 11:00am

Talking about serious problems can provide skills and options needed to manage life's challenges, improve self-esteem, relationships and mood. Group discussions are lead by Robert A. Piovarchy, MA, LPC-S, professional counselor and medical assistant with the Far West Center.

#### Memberships are available to Senior Center

\$25 annual fee (\$35 non-resident), an exceptional value, gives \$2.00 off the price of the Senior Hot Lunch and a subscription to our "Talk On The Lake" Newsletter delivered to your mailbox each month (\$12 value).

#### Serving income-qualified residents of Avon and Avon Lake.



Making a difference. Right here at home. 33479 LakeRoad, Suite C, Avon Lake, OH 44012 www.aalcrs.org - aalcrs@aalcrs.org - 440-933-9536

Open M-F, 10am - 2pm. Closed Fridays from Memorial Day - Labor Day ON-SITE FOOD PANTRY

EMERGENCY FINANCIAL ASSISTANCE

PERSONAL DEVELOPMENT
PROGRAMS

#### **Fitness Classes at the Old Firehouse**

Determine your level of mobility and pick a class.

No registration is required. The schedule of classes is listed on our website at <a href="AvonLakeRec.com">AvonLakeRec.com</a>. Space is limited. Please come in 15-30 minutes before class time to sign-in.

- 1 For people with limited mobility (e.g., MS, Parkinsons, Severe Arthritis).
- 2 For mobile people that may require a chair for some additional support.
- 3 For people with no mobility issues.
- **1 Stability** This class is designed to increase mobility and flexibility for all with limited range of motion. The program is especially helpful to those suffering the effects of Parkinson's Disease, Multiple Sclerosis and Severe Arthritis.
- **1 Yin Yoga** is a gentle and relaxing style of yoga that works deeply into the connective tissues and joints. Students must be able to get on and off the floor unassisted.
- **1 Chair Yoga** The chair serves as a stable foundation, allowing you to deepen your stretches, engage your muscles, and experience the benefits of yoga in a safe and comfortable manner.
- **2 Circuit** Standing upper-body strength work alternated with low impact cardio using a chair for standing support. A perfect 50+ class that incorporates stretching, balance, agility and strength, along with fun music.
- **Classic** Seated and standing exercises to increase muscular strength, range of motion and activities for daily living.
- 2 Stability+ Similar to our Stability Class, but more intense. This class has been set up for those with lesser mobility issues.
- 2 3 Focused Gentle Yoga In this class you will move through traditional yoga postures focused on specific areas of the body.
- **2 3 Gentle Yoga** Standing & seated yoga poses to increase flexibility, balance and range of motion.
- 3 Advanced TRX Class uses the TRX suspension trainer that leverages gravity and the user's body weight to complete the exercises. SilverSneakers/Renew Active DO NOT APPLY to this class.
- **3 Boom Muscle** Muscle-conditioning blocks and activity specific intervals to improve cardiovascular health and functional skill. This class is designed to work all major muscles with a variety of strength and conditioning exercises.
- **3 Yoga Flow** Flow-based (continual movement between posses) class tying breath to movement between individual postures.

Most classes are compliant with SilverSneakers® and Renew Active® and are free to those with either program included in their Medicare Supplimental Insurance.

Sign up at the Old Firehouse for your FREE SS or RA membership which includes daily admission to our Aquatics Center. Otherwise, there is an \$8 drop-in fee per class or purchase a 12 visit punch pass membership for \$60.







#### RENTAL OPPORTUNITIES

The City of Avon Lake permits residents and non-residents (ages 21 and over) to rent park pavilions and gazebos for private events. This guide outlines the reservation process, fees, rules, and the terms of liability to ensure fair and responsible use of our park facilities.

#### **Rental Information**

- Reservation Window: Opens annually on March 1
- Available Rental Dates: May 1 October 15
- Rental Hours: 8:00 AM 10:00 PM (All renters must vacate the facility by 10:00 PM)

#### Rental Fees

- \$50 per day/per resident, \$100 per day/per non-resident
- All fees are non-refundable, except in the event of a cancellation by the City.
- No refunds for inclement weather, though one-time rescheduling within the same calendar year may be allowed based on availability.

#### **How to Reserve**

- Online at www.avonlakeoh.myrec.com or in person at the Avon Lake Recreation Department
- Proof of residency is required for the resident rate.
- City events take priority over all other reservations.
- Reservations are confirmed only after full payment has been received.

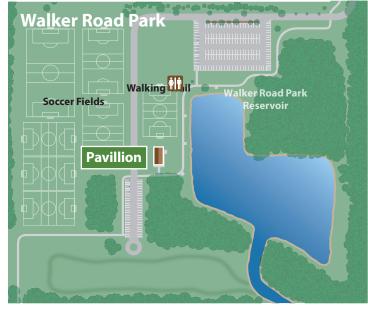
#### **Payment & Cancellation Policy**

- Full payment is due at time of booking.
- Cancellation requests must be submitted in writing.

#### **Refund Policy**

- 100% refund if canceled 14+ days before the rental date.
- No refund if canceled less than 14 days before the rental date.
- No refund for weather-related cancellations (rescheduling may be available within the same calendar year).

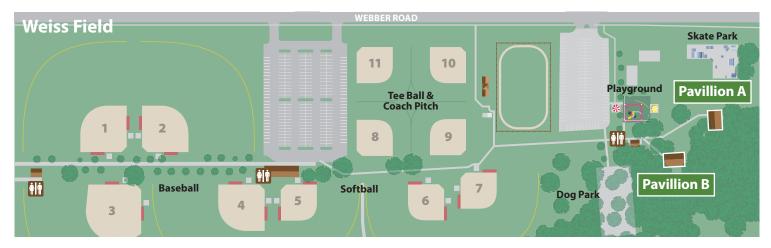
For complete information on rental rules and guidelines visit **AvonLakeRec.com** > **Facilities** 



#### **Walker Road Park Pavilion**

This pavilion may be rented from May 1st through October 15th. Avon Lake and Bay Village residents will receive the resident rate for this pavilion. This accessible pavilion has electricity and a charcoal grill.

More rentals on next page.









#### **Weiss Field—Pavilion A**

Pavilion A is the accessible pavilion closest to the skate park that has 6 picnic tables and seats up to 50. This pavilion has electricity and a large grill.

#### **Weiss Field—Pavilion B**

Pavilion B is the accessible pavilion closest to the playground. It has electricity, a large charcoal grill and 12 picnic tables with seating for up to 100.

#### **Bleser Park—Pavilion A**

Pavilion A is the park pavilion closest to the sand volleyball courts. There are 10 picnic tables in the pavilion with seating for up to 80, electricity and a large stationary grill. Two of the tables are handicap accessible.

#### **Bleser Park—Pavilion B**

Pavilion B is the park pavilion closest to the playground\*. There are ten picnic tables, in the pavilion with seating for up to 80 and a large stationary grill. Two of the tables are handicap accessible.

\*ALPS playground is being renovated and currently unavailable for use.

#### **Veterans' Memorial Park—Folger Home**

The Folger Home is located within Veterans' Park and is available for rent throughout the year and is great for wedding showers, family reunions, meetings, and other private events. The historic home accommodates up to 48 guests with tables and chairs, has a small galley style kitchen with electric range, microwave and refrigerator, wraparound porch with rocking chairs, and fantastic Lake Erie views.

#### **Veterans' Memorial Park—Lake House**

The Lake House is located within Veterans' Park and is available for rent throughout the year and is great for wedding showers, family reunions, meetings, and other private events. The Lake House accommodates up to 72 guests with tables and chairs, has a small warming kitchen with electric range, microwave and refrigerator, pull-down projection screen, patio with charcoal grill, and fantastic Lake Erie views.

#### Veterans' Memorial Park—Gazebo

This gazebo is designed for SMALL wedding ceremonies and or wedding photos. This location is not designed for large wedding ceremonies. The gazebo is also a perfect location for graduation, prom, and family photos.

#### Miller Road Park—Gazebo

This gazebo is used for small wedding ceremonies and or wedding photos. It seats approximately 40 guests.

#### Miller Road Park—Pavilion

This is a small, handicap accessible pavilion with three picnic tables, a grill, and electricity.