

PRACTICE OUTLINE

Date _____ Team _____

Objective _____

<u>Warm Up</u>	<u>Coaching Points</u>
<u>Individual Skills/Activities</u>	<u>Coaching Points</u>
<u>Small Group/Activities</u>	<u>Coaching Points</u>
<u>Large Group/Activities</u>	<u>Coaching Points</u>
<u>Warm Down</u>	<u>Coaching Points</u>