



Talk on the Lake

NEWS AND EVENTS OF THE AVON LAKE SENIOR CENTER AT THE OLD FIREHOUSE

Special Events this Month!

April 3rd – Closed

Good Friday

April 7th

Dyngus Day Celebration sponsored by O'Neill Healthcare 12:00pm

April 9th

Vision Concerns Group 11:00am



April 14th

Lunch & Learn 12:00pm
Avon Lake Police detectives discuss fraud protection.

April 16th

Bingo 2:00pm

April 21st

Senior Hot Lunch 12:00pm

Bourbon Glazed Chicken, Parsley Red Jacket Potatoes, Bahama Blend Vegetables, Roll & Butter, Cheesecake Bites.

Blood Pressure Screenings 12:30pm

April 23rd

Lunch & Learn 12:00pm

Cleveland Clinic Nurse, Khanh Duong will present on prevention and treatment of chronic pain. Lunch provided by DEVON OAKS

April 30th

Crafts with Devon Oaks

May 7th

Lunch & Learn 12:00pm

Archwell Health will present.

June 5th

Yeehaw! "Senior" Prom.

We collect aluminum pull tabs to help support the Ronald McDonald House.

They generate thousands of dollars from the pop tab collection program every year and that helps keep the lights on!



Be sure to take advantage of our SilverSneakers® or Renew Active® memberships provided with your Medicare Supplemental Insurance.

How Can Grandparents or Seniors Help Keep a Clean Environment

While the elderly can adopt all the kinds of ways to help our environment, here are some things specifically for them as grandparents or as elders to do to preserve our earth.

- Spend a day with the grandkids building a birdhouse in the backyard.
- Encourage and teach children oft-forgotten but useful skills such as making soaps, candles or anything else that will reduce consumption of packaged, processed goods.
- Take your grandkids camping, fishing or boating. Let them experience Nature first-hand. Explain how the ecosystem works and how by being responsible one can protect the environment from pollution and depletion.
- Plant a kitchen garden and encourage children to plant their favorite veggies. Not only will it teach them about plants and how they contribute to a healthier environment but will also encourage them to eat better.
- Visit an Environmental Education center close to home to let children develop an awareness of the world of Nature and develop a sense of responsibility towards the Earth.

Environmental Ideas for Everyone

Regardless of whether you're a parent, a single working man or woman without children or a grandparent, these tips to protect the environment can easily be adapted and applied to various aspects of your life. If you don't have children but still want to make a difference to the community, speak to the residents and start a Litter-Free Neighborhood campaign. Or if you have kids but no grandchildren, make an effort to learn about self-sufficiency and how it can help the environment. And if you, are an elder but not a grandparent, simply gather the neighborhood kids for a day of picnicking and watching ants, squirrels, birds and bugs. These environmental tips to keep a clean, green and healthy Earth are simple, easy-to-do and require very little time or money. Making a positive change in the way you treat the environment is bound to have a positive impact on everyone.

EARTH DAY IS WEDNESDAY, APRIL 22

Fitness at the Old Firehouse



Renew Active® & SilverSneakers™ compliant.

No charge for Renew Active or SilverSneakers members. Otherwise, there is an \$8.00 drop-in fee per class.

12 visit punch pass membership is available for \$60.00 which may be used for any of our regular group fitness classes.

Fitness Levels

- 1 For people with limited mobility (e.g., MS, Parkinsons, Severe Arthritis).
- 2 For mobile people that may require a chair for some additional support.
- 3 For people with no mobility issues.

MON	TUE	WED	THU	FRI
8:15-9:15 Advanced TRX Carrie	9-10 Boom Muscle Carrie	9:30-10:15 Stability Beth	9-10 Boom Muscle Carrie	9:15-10 Chair Yoga Crissy
9:30-10:15 Stability Beth	10:30-11:15 Stability Plus Beth	10:30-11:15 Classic Kelly	10:15-11:00 Boom Move Carrie	10:15-11:00 Stability Plus Heather
10:30-11:15 Circuit Maria	11:30-12:15 Gentle Yoga Sherri	11:30-12:15 Gentle Yoga Flow Dawn	11:15-12:00 Yin Yoga Crissy	11:15-12:00 Yoga Plus Heather
11:30-12:15 Focused Gentle Yoga Maria			4:00p-5:00p Yoga Flow Sherri	

3 ADVANCED TRX Class uses the TRX suspension trainer that leverages gravity and the user's body weight to complete the exercises. This highly intensive conditioning class requires proficiency in the use of the TRX Suspension Trainer. THE CLASS WILL BE LIMITED TO 10 PARTICIPANTS.

**SilverSneakers/Renew Active DOES NOT APPLY to this class.*

3 BOOM MUSCLE Muscle-conditioning blocks and activity specific intervals to improve cardiovascular health and functional skill. This class is designed to work all major muscles with a variety of strength and conditioning exercises.

2 BOOM MOVE Dance-inspired workout to challenge cardio fitness with easy-to-follow movement patterns. Perfect for the active older adult seeking a moderate-to-vigorous-intensity workout, exercising from a standing position.

2 CIRCUIT Standing upper-body strength work alternated with low impact cardio using a chair for standing support. A perfect 50+ class that incorporates stretching, balance, agility and strength, along with fun music. This class utilizes various equipment, such as weights, exercise balls, drumming sticks, and much more. A portion of the class is seated in chairs, no floor work.

2 CLASSIC Seated and Standing exercises to increase muscular strength, range of motion and activities for daily living.

1 STABILITY This class is designed to increase mobility and flexibility for all with limited range of motion. The program is especially helpful to those suffering the effects of Parkinson's Disease and Multiple Sclerosis. Exercises will focus on the four components of fitness: cardio, strength, flexibility and balance and are specifically designed to gradually improve overall fitness and to combat symptoms of disease.

2 STABILITY+ Similar to our Stability Class, but more intense. This class has been set up for those with lesser mobility issues, but wish to improve their motion and flexibility.

1 CHAIR YOGA The chair serves as a stable foundation, allowing you to deepen your stretches, engage your muscles, and experience the benefits of yoga in a safe and comfortable manner.

2 3 FOCUSED GENTLE YOGA In this class you will move through traditional yoga postures focused on specific areas of the body. Each week will be a different area. Students may need to get on the floor, however, the use of a chair may be helpful for some. This is a great class for those who may be experiencing physical complaints or for anyone looking for a gentle movement and breathing practice.

2 3 GENTLE YOGA Standing & seated yoga poses to increase flexibility, balance and range of motion. Modifications for poses will be offered, but students must be able to get down to the floor and up again unassisted.

2 3 YIN YOGA is a gentle and relaxing style of yoga that works deeply into the connective tissues and joints. Students must be able to get on and off the floor unassisted.

3 YOGA FLOW Flow-based (continual movement between poses) class tying breath to movement between individual postures. Focus will be on strengthening, lengthening, and stretching through a creative series of postures in constant motion. In order to thrive in a flow based class, your body should be healthy and free of injury and you should have an understanding of the individual postures.

2 3 YOGA PLUS Pilates, Weights, Core & more. Yoga Plus intertwines components of your favorite yoga class with common weight training exercises, Pilates movements and more. In this class you will get all the benefits that yoga has to offer plus some cardio, strength training and toning as well. Each class will be different and will allow you to work at your own pace as you continue on your journey to build strength.

¹ No cost to participate. SilverSneakers/Renew Active will not be used for this class. Open to all.

LUNCH&LEARN



April 14th at 12pm



Avon Lake Police Detectives
Discuss Fraud Protection

Lunch provided by:
Devon Oaks
ASSISTED LIVING

An Elza Jennings Community

Sign up in the office or call 440-930-4135.

CHRONIC PAIN

Community, Public, and Population Health Nursing student **Khanh Duong** who is a nurse for the Cleveland Clinic, presents on Chronic Pain - What is it? How to prevent it and how to treat it.



April 23rd at 12pm

Presented by Khanh Duong



Sign up in the office or call 440-930-4135.

LUNCH&LEARN



May 7th at 12pm



Sign up in the office or call 440-930-4135.

WEDNESDAY MORNING MOVIES AT 10AM



APRIL 1
Train Dreams

PG-13 | 1h 42m | Drama

Cast: Joel Edgerton, Felicity Jones, William H. Macy
Robert Grainier lives all of his years in the forests of the Pacific Northwest, working on the land, helping to create a new world at the turn of the 20th century.



APRIL 8
Jay Kelly

R | 2h 12m | Comedy/Drama

Cast: George Clooney, Adam Sandler
Follows famous movie actor Jay Kelly and his devoted manager Ron as they embark on a whirlwind and unexpectedly profound journey through Europe. Along the way, both men are forced to confront the choices they've made, the relationships with their loved ones, and the legacies they'll leave behind.



APRIL 15
Downton Abbey—The Grand Finale

PG | 2h 4m | Romance

Cast: Maggie Smith, Elizabeth McGovern, Michelle Dockery
In the summer of 1930, the Crawleys grapple with the threat of social disgrace when Mary finds herself at the centre of a public scandal and the family faces financial trouble.



APRIL 22
Molly's Game

R | 2h 20m | Crime/Sport

Cast: Jessica Chastain, Idris Elba, Kevin Costner
The film follows Molly, a former Olympic-class skier, as she runs the world's most exclusive underground poker empire and becomes the target of an FBI investigation.



APRIL 29
Joy Ride

Cast: Ashley Park, Sherry Cola, Stephanie Hsu

R | 1h 35m | Comedy

In this irreverent comedy, a woman travels to China with her friends to look for her birth mother.



VISION CONCERNS GROUP
Thursday, April 9th at 11am
at the Old Firehouse

Questions? Call Gary Clawson at
440-935-5906.



Making a difference. Right here at home.

CRS is a social service agency in Avon Lake striving to meet the short-term, individual needs of folks while helping them access appropriate long-term solutions. The office is open Monday through Friday from 10:00am–2:00pm. The office is closed on Fridays during summer months. Proof of residency and income for all members of the household is necessary for assistance. Call 440-933-5639 and ask to speak with one of the Client Coordinators.

- ON-SITE FOOD PANTRY
- EMERGENCY FINANCIAL ASSISTANCE
- PERSONAL DEVELOPMENT PROGRAMS



Contact Brian at 440-930-4135



Avon Lake Women's Chorus Rehearsals Mondays at 9:30am

If you enjoy singing, laughter, & conversation with new friends, there's a spot for you in the **Avon Lake Women's Chorus.**

Convenient Monday Morning Rehearsals.

Start the week off with a smile!

9:30–11:30am (September–May)

NO AUDITIONS!

Old Firehouse Community Center

100 Avon Belden Road

(Rt. 83 & Lake Road, Avon Lake)

(Convenient Parking)

Questions? Call Irene at 440-937-8827.

(Please leave message when prompted)

Our 76th Year of performing local for independent/assisted-living residents, local groups/clubs.

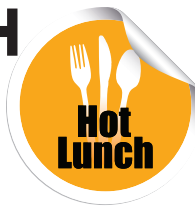
[501(c)(3) Non-Profit Organization – Federal ID#34-1427819]

Friday Crafts



ALL crafters are welcome to join our very crafty people on Friday mornings from 10:00am–Noon. Whether your thing is beads, sea glass, knitting, crocheting, or needlepoint, the group will enjoy having you.

HOT LUNCH April 21st at Noon



\$7.00 | \$5.00 for Members | Free for 90+

This month's menu: Bourbon Glazed Chicken, Parsley Red Jacket Potatoes, Bahama Blend Vegetables, Roll & Butter, Cheesecake Bites.

If you have paid for your lunch and you are unable to attend, you may find someone to fill your spot. No refunds will be given. You may drop your payment off in our office, mail it or register online at www.AvonLakeRec.com.

Payment due at time of registration.



Bingo is played generally on the 3rd Thursday of each month, however, that may change due to other programming. This month Amy Margiotti from Howard Hanna Realty will be calling the numbers on **Thursday, April 16th at 2:00pm.** Call 440-930-4135 to reserve your spot.



Crafting & Lunch with

Devon Oaks
ASSISTED LIVING

An Eliza Jennings Community

Thursday, April 30th 12pm



Blood Pressure Checks

Tuesday, April 21st 12:30p–2:30p

Evelyn from St. John Medical Center will be available to check blood pressures this month.



University Hospitals
St. John Medical Center
A CATHOLIC HOSPITAL



Senior Strong Program

The Senior Strong Program focuses on mental health, wellness and building resilience in older adults. Dana Grande of The Far West Center will facilitate a topic each week.

One week each month will be dedicated to current events. If there are topics relating to mental health and coping that you would like addressed, please feel free to let us know.

Thursday mornings at 10:30am at the Old Firehouse.

Far West Center is a private non-profit outpatient center providing mental health services for community residents and organizations.

Newsletter Subscription Form

I would like a yearly subscription to the "Talk On The Lake" Senior Newsletter for a cost of \$12.00/year
Single newsletters will continue to be sold at a cost of \$1.00 each.

Name _____ Phone _____

Street _____

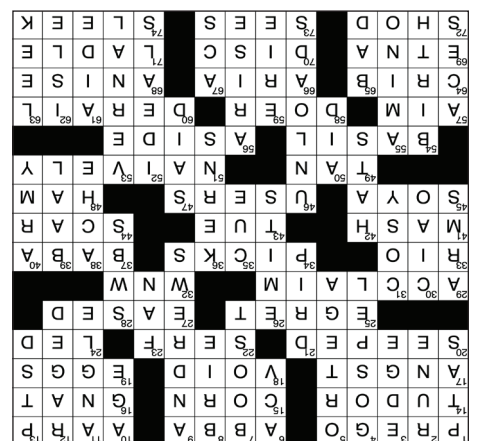
City _____ State _____ Zip _____

Email _____

Please submit this form along with your payment in person at the Old Firehouse or mail to:

The Old Firehouse, 100 Avon Belden Rd, Avon Lake, OH 44012

Checks payable to "The City of Avon Lake"



Loss of Spouse/Partner Grief Support Group

For adults of any age who have experienced the death of a spouse, partner, or significant other.

First Thursday of each month 7pm–8pm

at Avon Lake United Church of Christ
32801 Electric Blvd., Avon Lake, OH 44012

Contact: Amy Boyd-Kirksey 216.383.3788

Email: aboyd-kirksey@hopicewr.org

Meals On Wheels

If you are 60 or over, live alone, cannot drive and cannot cook for yourself, you are eligible for this free program offered through Neighborhood Alliance. To receive a hot, nutritional lunch Monday–Friday, call: 440-233-8768, Opt. 2.

Residential Lock Box Program

Lock Boxes are safe, secure, and afixed near to the main entry of your home where only safety services will have access in emergencies. To order a residential lockbox, please visit roperlock.com/product/avonlake or call 1-800-466-9312 to request a *Crest Guardian Lock Box-Wall Mount* and use *Key Code: Avon Lake*. When your Lock Box arrives, call 440-933-8305 to schedule installation.

Community Transportation

Available to all Avon Lake residents on Monday through Thursday 8:30 a.m. to 3 p.m. The transport van has a wheelchair lift available. Scheduling is done Thursdays and Fridays from 8:00am–12:00pm by calling (440) 930-4126. You may schedule up to three weeks in advance. There is no fee for this service. Appointments are taken on a first-come basis.

All passengers must return a completed Passenger Transportation Information Form prior to their first trip. Forms are located at City Hall, at the Old Firehouse Community Center and online at www.avonlake.org.

MONDAY

Medical Appointments and Drug Mart Plaza

TUESDAY

Medical Appointments, Giant Eagle, and Learwood Square.

WEDNESDAY

Medical Appointments, Avon Commons, Aldi and Wal-Mart.

THURSDAY

Medical Appointments, Meijer's, local banks, and hair appointments.



The Women's Circle

For Recently Retired Women to discuss questions and concerns for your next chapter in life.

WEDNESDAY EVENINGS
AT THE OLD FIREHOUSE COMMUNITY CENTER
7:00PM–8:30PM

For more information contact Brian at 440-939-4135
email: bmahony@avonlake.org



Put a little Dyngus in Your Day!

Tuesday, April 7th at 12pm

Enjoy a Polish meal of Kielbasa & Pierogies courtesy of...

Sign up in the office or call 440-930-4135.

O'Neill Healthcare | BAY VILLAGE



YOU'RE WANTED AT THE

SENIOR PROM

\$10 PER PERSON

Saddle on up and git down to the Anchor Recreation Facility
Located at 33483 Lake Road in Avon Lake
FRIDAY, JUNE 5TH, 2026



Serving income-qualified residents of Avon and Avon Lake.



CRS COMMUNITY RESOURCE SERVICES

Making a difference. Right here at home.

33479 Lake Road, Suite C, Avon Lake, OH 44012

www.aalcrs.org - aalcrs@aalcrs.org - 440-933-9536

Open M-F, 10am - 2pm.

Closed Fridays from Memorial Day - Labor Day

ON-SITE FOOD PANTRY

EMERGENCY FINANCIAL ASSISTANCE

PERSONAL DEVELOPMENT PROGRAMS

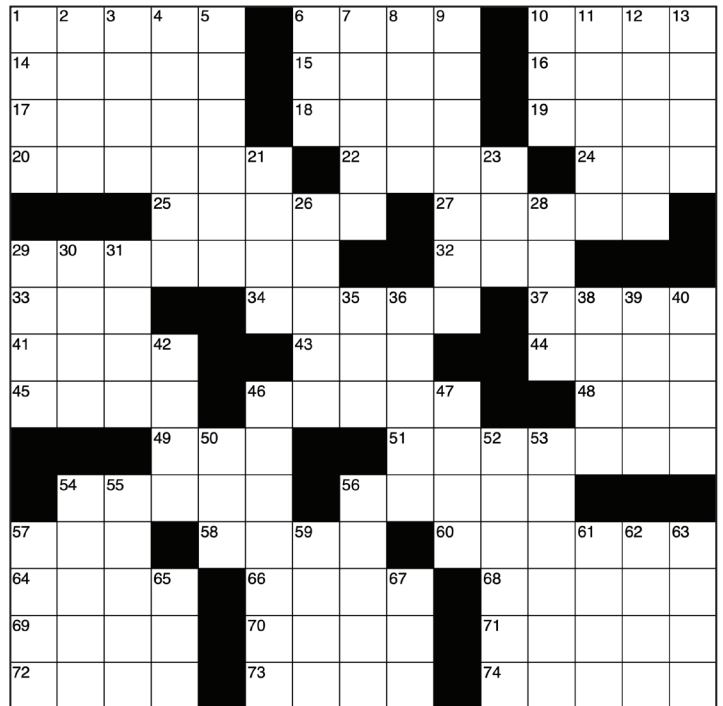
APRIL FOOLS' DAY by Evelyn Johnson

Find the words in the grid. When you are done, the unused letters in the grid will spell out a hidden quotation by Charles Dickens. Pick them out from left to right, top line to bottom line. Words can go horizontally, vertically and diagonally in all eight directions.

Y S C I T L O O F L I E S N
 T P H O B E G U I L E S U O
 I O D M M A N R N A T N Y N
 C O E J U I P R P E S E D S
 I F C T O A C R O F U T R E
 L T E E H K A A U R O E A N
 P I I L N N E N L I E R H S
 M K V B K W D I T V G P L E
 O S E I E L R Y N O A A O N
 C D A L C T U F U L R O O O
 L G I L S H S L T O T Y F X
 L N A U R X B B S U U V A R
 B H V G L L A Q T S O O R C
 Z F C A P R I C E K H B G N

- | | | | | |
|---------|------------|-----------|------------|----------|
| ABSURD | COMPLICITY | FRIVOLOUS | HOAX | PRANK |
| APRIL | DECEIVE | FUN | JOKE | PRETENSE |
| BEGUILE | FOOL | GAG | NONSENSE | SPOOF |
| CAPRICE | FOOLHARDY | GULLIBLE | OUTRAGEOUS | STUNT |
| COMICAL | | | | |

EASTER by Evelyn Johnson



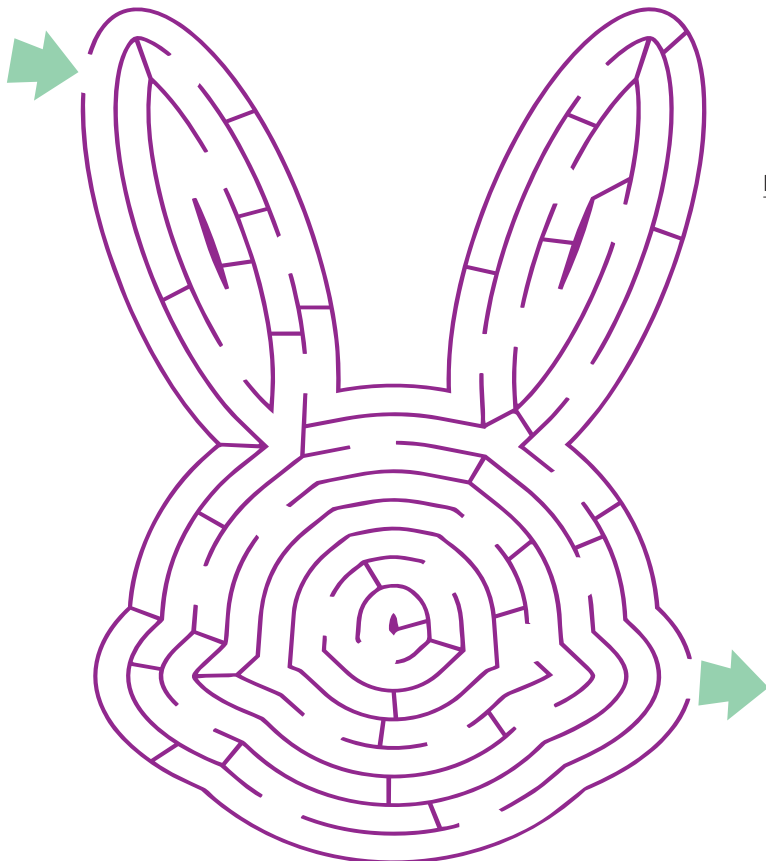
ACROSS

- | | | |
|--|-----------------------------|-----------------------------|
| 1 Ragu's competition | 29 Approve enthusiastically | 56 Side note |
| 6 Syrian bishop | 32 Compass point | 57 Point |
| 10 Retired persons association (abbr.) | 33 River (Spanish) | 58 One who gets things done |
| 14 Architecture style | 34 Elects | 60 Undermine |
| 15 Maize | 37 Baby's "ball" | 64 Baby's bed |
| 16 Tiny insect | 41 Press | 66 Opera solo |
| 17 Anxiety | 43 Day of the wk. | 68 Seasoner |
| 18 Cancel | 44 Blemish | 69 Volcano |
| 19 Colored or hidden | 45 Soybean | 70 Record |
| 20 Flowed out slowly | 46 Drug doers | 71 Scoop out |
| 22 Slave | 48 Traditional Easter meal | 72 Booted |
| 24 Headed | 49 Beige | 73 Observes with eye |
| 25 Heron | 51 Innocently | 74 Svelte |
| 27 Went gently | 54 Italian herb | |

DOWN

- | | | |
|----------------------------------|---------------------------|------------------------------------|
| 1 Parent groups | 23 Air blower | 52 Utopian ideas |
| 2 Ancient German character | 26 Gives off | 53 _____ equinox |
| 3 Lip | 28 Southwest by south | 54 Nativity |
| 4 Doctrine, belief or principle | 29 Weapons | 55 Protein part, with 'acid' |
| 5 Mexican food brand | 30 See ya! | 56 Come into view or existence |
| 6 Hovercraft | 31 Comfortable | 57 Experts |
| 7 Push upward | 35 Remind | 59 Canal |
| 8 Soft cheese | 36 Soft drink brand | 61 Helper |
| 9 Actress Julie | 38 Prick | 62 Island |
| 10 Maturity | 39 False bible god | 63 Scallion |
| 11 Slant | 40 Navy's rival | 65 Rotten |
| 12 Got angry | 42 Head covering | 67 American Cancer Society (abbr.) |
| 13 Posttraumatic stress disorder | 46 Brings in from the car | |
| 21 Leaky faucet noise | 47 Spoken | |
| | 50 Rescue | |

Solution on page 4.



Why are people always tired in April?

Because they've just finished a March!



APRIL 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1</p> <p>9:30a Stability* 10:00a Movie 10:30a Classic* 11:30a Gentle Yoga* 12:30p Bridge 1:00p Game Players 1:30p Rummikub</p>	<p>2</p> <p>9:00a Boom Muscle* 10:15a Boom Move* 11:00a Senior Strong 11:15a Yin Yoga* 12:30p Westshore Watercolor 4:00p Yoga Flow*</p>	<p>3 Closed—Good Friday</p> 
<p>6</p> <p>8:15a Advanced TRX 9:30a Womens Chorus 9:30a Stability* 10:30a Circuit* 11:30a Focused Gentle Yoga* 12:30p Bridge 1:00p Hand & Foot</p>	<p>7</p> <p>9:00a Boom Muscle* 10:00a Painting Group 10:30a Stability PLUS* 11:30a Gentle Yoga* 12:00p Dyngus Day 12:30p Mahjong 1:00p Dominoes</p>  <p>O'Neill Healthcare BAY VILLAGE</p>	<p>8</p> <p>9:30a Stability* 10:00a Movie 10:30a Classic* 11:30a Gentle Yoga* 12:30p Bridge 12:30p Duplicate Bridge 1:00p Game Players 1:30p Rummikub</p>	<p>9</p> <p>9:00a Boom Muscle* 10:15a Boom Move* 11:00a Senior Strong 11:00a Vision Concerns 11:15a Yin Yoga* 4:00p Yoga Flow*</p>	<p>10</p> <p>9:15 Chair Yoga* 10:00a Friday Crafts 10:15a Stability PLUS* 11:15a Yoga PLUS* 12:30p Bridge 12:30p Hand & Foot</p>
<p>13</p> <p>8:15a Advanced TRX 9:30a Womens Chorus 9:30a Stability* 10:30a Circuit* 11:30a Focused Gentle Yoga* 12:30p Bridge 12:30p Bunco 1:00p Hand & Foot</p>	<p>14</p> <p>9:00a Boom Muscle* 10:00a Painting Group 10:30a Stability PLUS* 11:30a Gentle Yoga* 12:00 Lunch & Learn 12:30p Mahjong 1:00p Dominoes</p>  	<p>15</p> <p>9:30a Stability* 10:00a Movie 10:30a Classic* 11:30a Gentle Yoga* 12:30p Bridge 1:00p Game Players 1:30p Rummikub</p>	<p>16</p> <p>9:00a Boom Muscle* 10:15a Boom Move* 11:00a Senior Strong 11:15a Yin Yoga* 2:00p Bingo 4:00p Yoga Flow*</p> 	<p>17</p> <p>9:15 Chair Yoga* 10:00a Friday Crafts 10:15a Stability PLUS* 11:15a Yoga PLUS* 12:30p Bridge 12:30p Hand & Foot 1:00p Third Friday Bridge</p>
<p>20</p> <p>8:15a Advanced TRX 9:30a Womens Chorus 9:30a Stability* 9:30a Garden Club 10:30a Circuit* 11:30a Focused Gentle Yoga* 12:30p Bridge 1:00p Duplicate Bridge 1:00p Hand & Foot</p>	<p>21</p> <p>9:00a Boom Muscle* 10:00a Painting Group 10:30a Stability PLUS* 11:30a Gentle Yoga* 12:00p HOT LUNCH 12:30p BP 12:30p Mahjong 1:00p Dominoes</p>	<p>22</p> <p>9:30a Stability* 10:00a Movie 10:30a Classic* 11:30a Gentle Yoga* 12:30p Bridge 1:00p Game Players 1:30p Rummikub</p> 	<p>23</p> <p>9:00a Boom Muscle* 10:15a Boom Move* 11:00a Senior Strong 11:15a Yin Yoga* 12:00p Lunch & Learn 4:00p Yoga Flow*</p>  	<p>24</p> <p>9:15 Chair Yoga* 10:00a Friday Crafts 10:15a Stability PLUS* 11:15a Yoga PLUS* 12:30p Bridge 12:30p Hand & Foot 12:30p Westsiders Mahjong</p>
<p>27</p> <p>8:15a Advanced TRX 9:30a Womens Chorus 9:30a Stability* 10:30a Circuit* 11:30a Focused Gentle Yoga* 12:30p Bridge 1:00p Hand & Foot</p>	<p>28</p> <p>9:00a Boom Muscle* 10:00a Painting Group 10:30a Stability PLUS* 11:30a Gentle Yoga* 12:30p Mahjong 1:00p Dominoes</p>	<p>29</p> <p>9:30a Stability* 10:00a Movie 10:30a Classic* 11:30a Gentle Yoga* 12:30p Bridge 1:00p Game Players 1:30p Rummikub</p>	<p>30</p> <p>9:00a Boom Muscle* 10:15a Boom Move* 11:00a Senior Strong 11:15a Yin Yoga* 12:00p Crafts 4:00p Yoga Flow*</p>  	

*SilverSneakers® and Renew Active™ approved fitness class. See description and details on page 2.

City of Avon Lake
TALK ON THE LAKE
150 Avon Belden Road
Avon Lake, OH 44012
(440) 930-4135

To Our Friend:



Open Monday–Friday 8:00am–4:30pm

Talk on the Lake

CITY OF AVON LAKE SENIOR CENTER

Phone: 440-930-4135

Brian Mahoney
Senior Director/Recreation Facilities Manager
bmahoney@avonlake.org

Patty Knip
Senior Programming
pknip@avonlake.org



Available online at www.AvonLakeRec.com



Please support our AVON LAKE SENIOR CENTER SPONSORS

Amy Margiotti
Howard Hanna
Senior Real Estate Specialist
440-221-8657



Marny Fannin
Home Instead
In-home Care
440-353-3080



Julie Graf Skinner
440-933-3202
440-937-6175



Devon Fegen-Herdman
Declutter with Devon LLC
Professional Organizing Services
440-610-0407



O'Neill Healthcare | BAY VILLAGE
440-871-3474



An Eliza Jennings Community

440-250-2300

MJ ROGERS & COMPANY

INVESTMENTS – RETIREMENT – INSURANCE
440.ADVISOR



"New Construction Homes for Sale in Avon Lake" Call 330-461-9518