



April 2025

Talk on the Lake

NEWS AND EVENTS OF THE AVON LAKE SENIOR CENTER AT THE OLD FIREHOUSE

SENIOR PROM 2025
(FOR THOSE 55+)

BLACK & WHITE

FRIDAY, JUNE 6
5:00PM–9:00PM

Anchor Recreation Facility
33483 Lake Road
Avon Lake, OH

Dinner, Dancing, Drinks, Door Prizes
\$10.00/Guest

Call 440.930.4135 for reservations
or sign up in the Old Firehouse office.
Reservations due by May 16th, 2025

We collect aluminum pull tabs to help support the Ronald McDonald House



They generate thousands of dollars from the pop tab collection program every year and that helps keep the lights on! That's important—the House is open 24 hours/day, 365 days a year. Please continue to bring in any of your pull tabs in support of this worthwhile cause.



Be sure to take advantage of our SilverSneakers® or Renew Active® memberships provided with your Medicare Supplemental Insurance.

Membership provides FREE Pool Admission!

vitalant
BLOOD DRIVE 8:30am-1pm
1st Saturday of each month.

Passover is Jewish and Easter is Christian. But is this correct?

There is a big difference between Passover and Easter, but you may be surprised to learn that it isn't that one is Jewish and one is Christian.

So, what is the difference between Easter and Passover? What do we discover when we compare them to each other? Here are some major differences between the biblical Passover and Easter.

Passover's biblical origin vs. no biblical reference for Easter

The origin of the Passover is found in Exodus 12.

The Israelites had been under harsh slavery to the Egyptian Pharaoh, who had refused to let them go. Because of Pharaoh's stubbornness, God sent a series of plagues on Egypt and was about to send the 10th and final plague: killing the firstborn of all people and animals.

Differences Between Easter and Passover God would spare, or "pass over," only those who smeared lamb's blood on their doorway.

The day was called the Passover and was to be kept by Israel as a memorial of their deliverance from slavery in Egypt.

What about Easter?

You can't find Easter commanded in the Bible. The word is actually located in Acts 12:4 in the 1611 King James Version, but most scholars recognize it as a clear translation error (modern translations replace it with the word Passover).

There are over 70 references to Passover in the Old and New Testaments—but no legitimate references to Easter.

God-ordained vs. human tradition

One of the significant differences between Passover and Easter is this: The Creator God commanded Passover to be kept by His people. He never commanded anyone to observe Easter to commemorate Christ's resurrection.

Who commanded Easter's observance?

It is a historical fact that the Catholic Church commanded Easter's observance at the Council of Nicaea in A.D. 325. Church leaders did not appeal to scriptural authority, only their own authority, to make the change. Sadly, Christ's warning against substituting human tradition for the commandments of God was ignored.

The Council of Nicaea established that Easter would always be celebrated on a Sunday and wouldn't be tied to the phase of the moon, thus distinguishing it from the biblical Passover.

Passover's fixed day vs. Easter's movable day

God ordained the Passover to be kept annually on a specific day: the 14th day of the first month on the Hebrew calendar.

The Catholic Church persecuted the early Christians who kept the Passover, calling them Quartodecimans (Latin for "14thers") and Judaizers.

The Passover was so despised that in 325 AD the Council of Nicaea established that Easter would be held on the first Sunday after the first full moon occurring on or after the vernal equinox. From that point forward, the Easter date depended on the ecclesiastical approximation of March 21 for the vernal equinox. This gave Easter a movable date that wouldn't fall on the Passover. Even then, the Western churches use the Gregorian calendar and the Eastern churches use the Julian calendar, so their dates for Easter differ.

Passover as a memorial of Jesus' death vs. Easter as a celebration of His resurrection

The Passover of Exodus 12 pointed forward to Christ's sacrifice 1,500 years later! At His last Passover, Jesus instituted unleavened bread and wine as new symbols—representing His broken body and blood. He commanded us to "do this in remembrance of Me". The apostle Paul taught us to keep it on the "same night in which He was betrayed"—the evening of the Passover.

Easter purports to celebrate Christ's resurrection. The problem is, though His resurrection was essential, Christ never commanded that it be celebrated with an annual observance or holiday. There is also no record of the apostles or early Church celebrating it. Plus, biblical evidence shows Jesus didn't even rise on a Sunday morning.

Passover symbols vs. Easter symbols

Jesus Himself is "our Passover" and "sacrificed for us". The unleavened bread represents His sinless and broken body. The wine represents His blood that was poured out for us.

The foot washing represents the humility and serving attitude of Jesus, which we are to emulate.

Every element of the biblical Passover is grounded in deep spiritual meaning.

The primary symbols associated with Easter are eggs and bunnies. But these have deep roots in ancient pagan practices. Bunnies and eggs are ancient fertility symbols that were appropriated years after Christ's resurrection. Even the name Easter has origins in an ancient pagan goddess.

What does that have to do with Jesus and His sacrifice or His resurrection?

Fitness at the Old Firehouse



Renew Active™
by UnitedHealthcare

SilverSneakers™

Renew Active® & SilverSneakers™ compliant.

No charge for Renew Active or SilverSneakers members. Otherwise, there is an \$8.00 drop-in fee per class.

12 visit punch pass membership is available for \$60.00 which may be used for any of our regular group fitness classes.

Fitness Levels

- 1** For people with limited mobility (e.g., MS, Parkinsons, Severe Arthritis).
- 2** For mobile people that may require a chair for some additional support.
- 3** For people with no mobility issues.

MON	TUE	WED	THU	FRI
8-9 Advanced TRX Carrie	9-10 Boom Muscle Carrie	9:30-10:15 Stability Beth	9-10 Boom Muscle Carrie	9:15-10 Chair Yoga Crissy
9:30-10:15 Stability Beth	10:30-11:15 Stability Plus Beth	10:30-11:15 Classic Kelly	10:15-11:00 Circuit Carrie	
10:30-11:15 Circuit Maria	11:30-12:15 Gentle Yoga Flow Sherri	11:30-12:15 Gentle Yoga Sherri	11:15-12:00 Yin Yoga Crissy	11:30-12:15 Stability Plus Ana or Beth
11:30-12:15 Focused Gentle Yoga Maria			4:00p-5:00p Yoga Flow Sherri	

- 3 ADVANCED TRX** Class uses the TRX suspension trainer that leverages gravity and the user's body weight to complete the exercises. This highly intensive conditioning class requires proficiency in the use of the TRX Suspension Trainer. THE CLASS WILL BE LIMITED TO 10 PARTICIPANTS. **SilverSneakers/Renew Active DOES NOT APPLY to this class.**
- 3 BOOM MUSCLE** Muscle-conditioning blocks and activity specific intervals to improve cardiovascular health and functional skill. This class is designed to work all major muscles with a variety of strength and conditioning exercises. This sculpting class will tone upper and lower body using various equipment like hand weights, body bars, TRX, and your own body weight.
- 2 CIRCUIT** Standing upper-body strength work alternated with low impact cardio using a chair for standing support. A perfect 50+ class that incorporates stretching, balance, agility and strength, along with fun music. This class utilizes various equipment, such as weights, exercise balls, drumming sticks, and much more. A portion of the class is seated in chairs, no floor work.
- 2 CLASSIC** Seated and Standing exercises to increase muscular strength, range of motion and activities for daily living.
- 1 STABILITY** This class is designed to increase mobility and flexibility for all with limited range of motion. The program is especially helpful to those suffering the effects of Parkinson's Disease and Multiple Sclerosis. Exercises will focus on the four components of fitness: cardio, strength, flexibility and balance and are specifically designed to gradually improve overall fitness and to combat symptoms of disease.
- 2 STABILITY+** Similar to our Stability Class, but more intense. This class has been set up for those with lesser mobility issues, but wish to improve their motion and flexibility.
- 2 3 FOCUSED GENTLE YOGA** In this class you will move through traditional yoga postures focused on specific areas of the body. Each week will be a different area. Students may need to get on the floor, however, the use of a chair may be helpful for some. This is a great class for those who may be experiencing physical complaints or for anyone looking for a gentle movement and breathing practice.
- 2 3 GENTLE YOGA** Standing & seated yoga poses to increase flexibility, balance and range of motion. Modifications for poses will be offered, but students must be able to get down to the floor and up again unassisted.
- 1 YIN YOGA** is a gentle and relaxing style of yoga that works deeply into the connective tissues and joints. Students must be able to get on and off the floor unassisted.
- 1 CHAIR YOGA** The chair serves as a stable foundation, allowing you to deepen your stretches, engage your muscles, and experience the benefits of yoga in a safe and comfortable manner.
- 3 YOGA FLOW** Flow-based (continual movement between poses) class tying breath to movement between individual postures. Focus will be on strengthening, lengthening, and stretching through a creative series of postures in constant motion. In order to thrive in a flow based class, your body should be healthy and free of injury and you should have an understanding of the individual postures.

March Movies on Wednesday Morning at 10

APRIL 2

Tom Hanks Robin Wright



Here

PG-13 | 1h 44m | Drama
 Cast: Tom Hanks, Robin Wright, Kelly Reilly
 Heartwarming drama that tells stories of families living in the same home across centuries.

APRIL 9



Maria

R | 2h 3m | Based on Real Life
 Cast: Angelina Jolie, Pierfrancesco Favino, Alba Rohrwacher
 Showstopping. Mesmerizing. Uncompromising. Oscar winner Angelina Jolie stars as opera legend Maria Callas in this moving drama of the diva's final days.

APRIL 16



Peter Rabbit

PG | 1h 34m | Comedy
 Cast: James Corden, Domhnall Gleeson, Rose Byrne
 In this mix of live action and CGI, rascally Peter Rabbit faces a tough new foe in his ongoing battle for the veggies in Mr. McGregor's garden.

APRIL 23



The Six Triple Eight

PG-13 | 2h 9m | Based on Real Life
 Cast: Kerry Washington, Ebony Obsidian, Milauna Jackson
 At the height of World War II, the courageous women of the 6888th Battalion deliver hope and shatter barriers when they take on an odds-defying mission.

APRIL 30



Barbie

PG-13 | 1h 54m | Comedy
 Cast: Margot Robbie, Ryan Gosling, America Ferrara
 Margot Robbie stars as "Stereotypical Barbie" who must leave her picture-perfect world behind to learn the truth about the universe.



LUNCH&LEARN

SPONSORED BY

Bob Brooks and Bryan Buhoveckey

**CANCELLED FOR APRIL
 JOIN US NEXT MONTH**

**Wednesday
 May 7th**

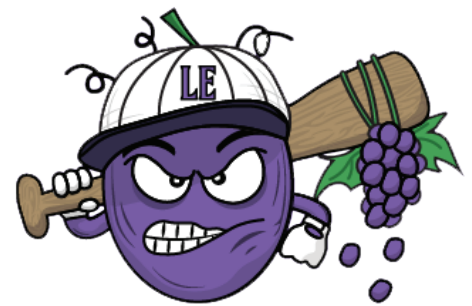
TOPIC TBD

Presented by Bryan Buoveckey

Edward Jones®

For reservations call

440-930-4897



Consider The Lake Erie Crushers Host Family Program!

As a host family, you'll offer a dedicated athlete a "home away from home" and gain an exclusive inside look into minor league baseball. Join the Lake Erie Crushers Host Family Program and become a vital part of a professional baseball player's journey!

Visit: lakeeriecrushers.com/host-family-program

Email: info@lakeeriecrushers.com



Avon Lake Women's Chorus

If you enjoy singing, laughter, & conversation with new friends, there's a spot for you in the **Avon Lake Women's Chorus.**

Convenient Monday Morning Rehearsals. Start the week off with a smile!
9:30–11:30am (September–May)

NO AUDITIONS!

Old Firehouse Community Center
100 Avon Belden Road
(Rt. 83 & Lake Road, Avon Lake)
(Convenient Parking)

Questions? Call Irene at 440-937-8827.
(Please leave message when prompted)

Our 76th Year of performing local for independent/assisted-living residents, local groups/clubs.
[501(c)(3) Non-Profit Organization – Federal ID#34-1427819]

Friday Crafts



ALL crafters are welcome to join our very crafty people on Friday mornings from 10:00am–Noon. Whether your thing is beads, sea glass, knitting, crocheting, or needlepoint, the group will enjoy having you.

HOT LUNCH April 15th at Noon



\$7.00 | \$5.00 for Members | Free for 90+
This month's menu: Penne & Meatballs, Garlic Breadsticks, Garden Salad. Dessert. If you have paid for your lunch and you are unable to attend, you may find someone to fill your spot. No refunds will be given. You may drop your payment off in our office, mail it or register online at www.AvonLakeRec.com.

**REGISTER EARLY—
SEATING FILLS UP QUICKLY!**
Payment due at time of registration.

BINGO

Bingo is played generally on the 3rd Thursday of each month, however, that may change due to other programming. This month Amy Margiotti from Howard Hanna Realty will be calling the numbers on **Thursday, April 17th at 2:00pm.** Call 440-930-4135 to reserve your spot.

VISION CONCERNS GROUP



April 10th, 2025 | 11am
At The Old Firehouse
Questions, call Gary Clawson at
440-935-5906



Blood Pressure Checks CANCELLED THIS MONTH

Evelyn from St. John Medical Center will not be available to check blood pressures this month.



Far West Center Senior Strong Program



Serious problems can interfere with daily living, or life changes may overwhelm a person's ability to cope. Talking about these problems can provide skills and options needed to manage life's challenges, improve self-esteem, relationships and mood. Robert A. Piovarchy, MA, LPC-S will be on hand to lead meetings on **Thursday mornings at 11:00am at the Old Firehouse.**

Far West Center is a private non-profit outpatient center providing mental health services for community residents and organizations.

Newsletter Subscription Form

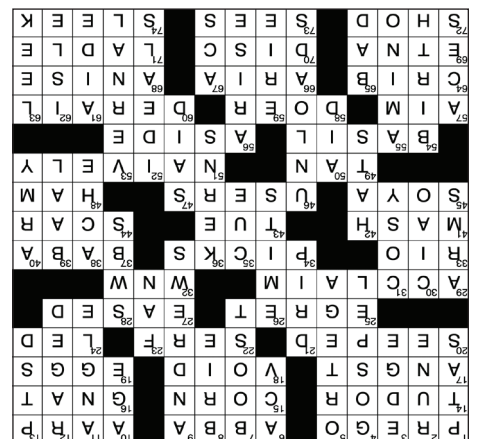
I would like a yearly subscription to the "Talk On The Lake" Senior Newsletter for a cost of \$12.00/year. Single newsletters will continue to be sold at a cost of \$1.00 each.

Name _____ Phone _____
Street _____
City _____ State _____ Zip _____
Email _____

Please submit this form along with your payment in person at the Old Firehouse or mail to:

The Old Firehouse, 100 Avon Belden Rd, Avon Lake, OH 44012

Checks payable to "The City of Avon Lake"



Loss of Spouse/Partner Grief Support Group

For adults of any age who have experienced the death of a spouse, partner, or significant other.

First Thursday of each month 7pm–8pm

at Avon Lake United Church of Christ

32801 Electric Blvd., Avon Lake, OH 44012

Contact: Amy Boyd-Kirksey 216.383.3788

Email: aboyd-kirksey@hopicewr.org

Meals On Wheels

If you are 60 or over, live alone, cannot drive and cannot cook for yourself, you are eligible for this free program offered through Neighborhood Alliance. To receive a hot, nutritional lunch Monday–Friday, call: 440-233-8768, Opt. 2.

Residential Lock Box Program

Lock Boxes are safe, secure, and afixed near to the main entry of your home where only safety services will have access in emergencies. To order a residential lockbox, please visit roperlock.com/product/avonlake or call 1-800-466-9312 to request a *Crest Guardian Lock Box-Wall Mount* and use *Key Code: Avon Lake*. When your Lock Box arrives, call 440-933-8305 to schedule installation.

Community Transportation

Available to all Avon Lake residents on Monday through Thursday 8:30 a.m. to 3 p.m. The transport van has a wheelchair lift available. Scheduling is done Thursdays and Fridays from 8:00am–12:00pm by calling (440) 930-4126. You may schedule up to three weeks in advance. There is no fee for this service. Appointments are taken on a first-come basis.

All passengers must return a completed Passenger Transportation Information Form prior to their first trip. Forms are located at City Hall, at the Old Firehouse Community Center and online at www.avonlake.org.

MONDAY

Medical Appointments and Drug Mart Plaza

TUESDAY

Medical Appointments, Giant Eagle, and Learwood Square.

WEDNESDAY

Medical Appointments, Avon Commons, Aldi and Wal-Mart.

THURSDAY

Medical Appointments, Meijer's, local banks, and hair appointments.



JOIN US!
EVERBODY'S POLISH
ON DYNGUS DAY!

Tuesday, April 22 | 12:00pm

MEAL PROVIDED BY

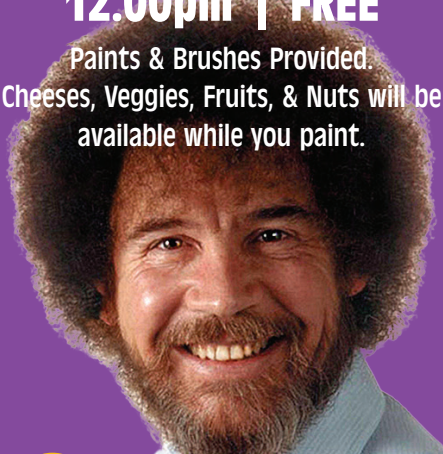
O'Neill | BAY VILLAGE
Healthcare

CALL (440) 930-4135 OR STOP IN TO SIGN UP NOW! SPACE IS LIMITED.

FREE EVENT 
**Let's paint some
happy trees!**

**Thursday, April 10th
12:00pm | FREE**

Paints & Brushes Provided.
Cheeses, Veggies, Fruits, & Nuts will be
available while you paint.



 **Seniors Helping Seniors®**
THE POWER OF LOVE®

Community Resource Services

CRS is a social service agency in Avon Lake striving to meet the short-term, individual needs of folks while helping them access appropriate long-term solutions. The office is open Monday through Friday from 10:00am–2:00pm. The office is closed on Fridays during summer months. Proof of residency and income for all members of the household is necessary for assistance. Call 440-933-5639 and ask to speak with one of the Client Coordinators.

**Give Us Your
Thoughts**

We're looking for your ideas to enhance our Senior Center. Any suggestions for activities, fitness classes, movies, Lunch & Learn topics, etc., let us know. If you wish to remain anonymous, place your written ideas in the dropbox across from Patty's office.

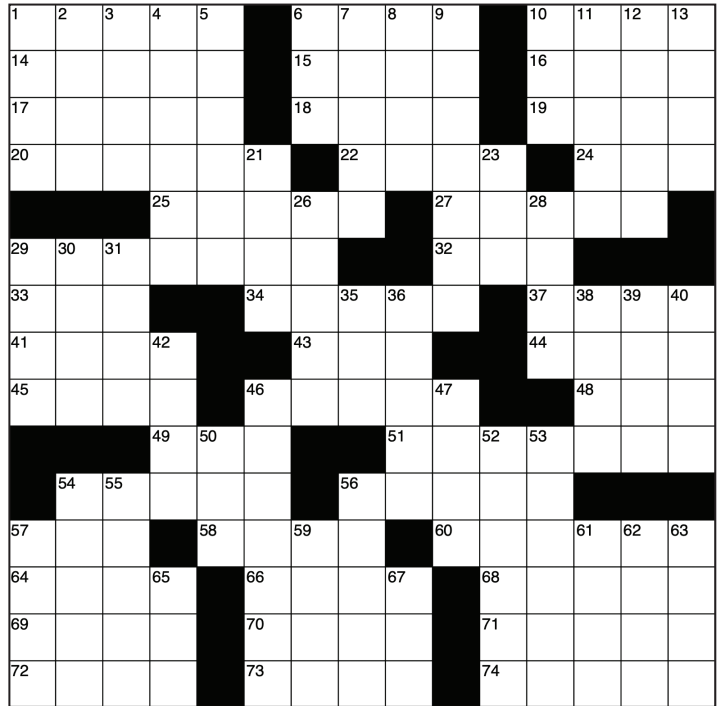
APRIL FOOL'S DAY by Evelyn Johnson

Find the words in the grid. When you are done, the unused letters in the grid will spell out a hidden message. Pick them out from left to right, top line to bottom line. Words can go horizontally, vertically and diagonally in all eight directions.

Y S C I T L O O F L I E S N
 T P H O B E G U I L E S U O
 I O D M M A N R N A T N Y N
 C O E J U I P R P E S E D S
 I F C T O A C R O F U T R E
 L T E E H K A A U R O E A N
 P I I L N N E N L I E R H S
 M K V B K W D I T V G P L E
 O S E I E L R Y N O A A O N
 C D A L C T U F U L R O O O
 L G I L S H S L T O T Y F X
 L N A U R X B B S U U V A R
 B H V G L L A Q T S O O R C
 Z F C A P R I C E K H B G N

- | | | | |
|------------|-----------|------------|----------|
| ABSURD | DECEIVE | GULLIBLE | PRETENSE |
| APRIL | FOOL | HOAX | SPOOF |
| BEGUILE | FOOLHARDY | JOKE | STUNT |
| CAPRICE | FRIVOLOUS | NONSENSE | |
| COMICAL | FUN | OUTRAGEOUS | |
| COMPLICITY | GAG | PRANK | |

EASTER by Evelyn Johnson



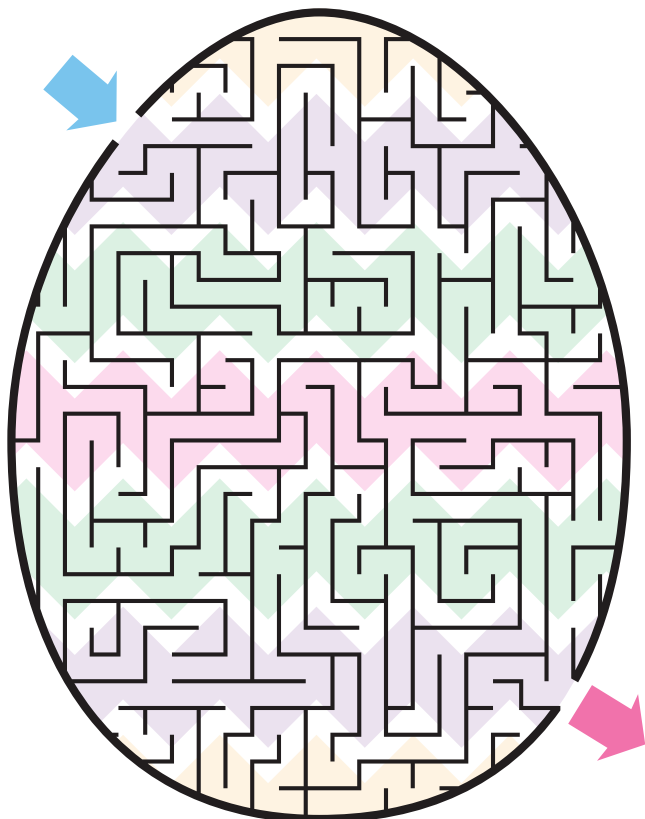
ACROSS

- | | | |
|--|-----------------------------|-----------------------------|
| 1 Ragu's competition | 27 Went gently | 54 Italian herb |
| 6 Syrian bishop | 29 Approve enthusiastically | 56 Side note |
| 10 Retired persons association (abbr.) | 32 Compass point | 57 Point |
| 14 Architecture style | 33 River (Spanish) | 58 One who gets things done |
| 15 Maize | 34 Elects | 60 Undermine |
| 16 Tiny insect | 37 Baby's "ball" | 64 Baby's bed |
| 17 Anxiety | 41 Press | 66 Opera solo |
| 18 Cancel | 43 Day of the wk. | 68 Seasoner |
| 19 Colored or hidden | 44 Blemish | 69 Volcano |
| 20 Flowed out slowly | 45 Soybean | 70 Record |
| 22 Slave | 46 Drug doers | 71 Scoop out |
| 24 Headed | 48 Traditional Easter meal | 72 Booted |
| 25 Heron | 49 Beige | 73 Observes with eye |
| | 51 Innocently | 74 Svelte |

DOWN

- | | | |
|----------------------------------|---------------------------|------------------------------------|
| 1 Parent groups | 21 Leaky faucet noise | 50 Rescue |
| 2 Ancient German character | 23 Air blower | 52 Utopian ideas |
| 3 Lip | 26 Gives off | 53 _____ equinox |
| 4 Doctrine, belief or principle | 28 Southwest by south | 54 Nativity |
| 5 Mexican food brand | 29 Weapons | 55 Protein part, with 'acid' |
| 6 Hovercraft | 30 See ya! | 56 Come into view or existence |
| 7 Push upward | 31 Comfortable | 57 Experts |
| 8 Soft cheese | 35 Remind | 59 Canal |
| 9 Actress Julie | 36 Soft drink brand | 61 Helper |
| 10 Maturity | 38 Prick | 62 Island |
| 11 Slant | 39 False bible god | 63 Scallion |
| 12 Got angry | 40 Navy's rival | 65 Rotten |
| 13 Posttraumatic stress disorder | 42 Head covering | 67 American Cancer Society (abbr.) |
| | 46 Brings in from the car | |
| | 47 Spoken | |

Solution on page 4.



Did you hear about the most beautifully decorated eggs? They were to dye for!



APRIL 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 8:00a Indoor Walking 9:00a Boom Muscle* 10:00a Painting Group 10:30a Stability PLUS* 11:30a Gentle Yoga* 12:30p Mahjong 1:00p Dominoes	2 8:00a Indoor Walking 9:30a Stability* 10:00a Movie 10:30a Classic* 11:30a Gentle Yoga* 12:30p Bridge 1:00p Game Players 1:30p Rummikub 4:00p Free Yoga	3 8:00a Indoor Walking 9:00a Boom Muscle* 10:15a Circuit* 11:00a Senior Strong 11:15 Yin Yoga* 12:30p Hand & Foot 12:30p Westshore Watercolor 4:00p Yoga Flow*	4 8:00a Indoor Walking 9:15 Chair Yoga* 10:00a Friday Crafts 11:30a Stability PLUS* 12:30p Bridge 12:30p Hand & Foot 1:00p Duplicate Bridge
	7 8:00a Indoor Walking 9:30a Stability* 9:30a Women's Chorus 10:30a Circuit* 11:30a Focused Gentle Yoga* 12:30p Bridge 12:30p Hand & Foot 12:30p Mahjong	8 8:00a Indoor Walking 9:00a Boom Muscle* 10:00a Painting Group 10:30a Stability PLUS* 11:30a Gentle Yoga* 12:30p Mahjong 1:00p Dominoes	9 8:00a Indoor Walking 9:30a Stability* 10:00a Movie 10:30a Classic* 11:30a Gentle Yoga* 12:30p Bridge 1:00p Duplicate Bridge 1:00p Game Players 1:30p Rummikub 4:00p Free Yoga	10 8:00a Indoor Walking 9:00a Boom Muscle* 10:15a Circuit* 11:00a Senior Strong 11:00a Vision Concerns 11:15 Yin Yoga* 12:00p SHS Painting Party 12:30p Hand & Foot 4:00p Yoga Flow*
14 8:00a Indoor Walking 9:30a Stability* 9:30a Women's Chorus 9:30a Garden Club 10:30a Circuit* 11:30a Focused Gentle Yoga* 12:30p Bridge 12:30p Hand & Foot 1:00p Bunco	15 8:00a Indoor Walking 9:00a Boom Muscle* 10:00a Painting Group 10:30a Stability PLUS* 11:30a Gentle Yoga* 12:00 HOT LUNCH 12:30p Mahjong 1:00p Dominoes 	16 8:00a Indoor Walking 9:30a Stability* 10:00a Movie 10:30a Classic* 11:30a Gentle Yoga* 12:30p Bridge 1:00p Game Players 1:30p Rummikub 4:00p Free Yoga	17 8:00a Indoor Walking 9:00a Boom Muscle* 10:15a Circuit* 11:00a Senior Strong 11:15 Yin Yoga* 12:30p Hand & Foot 2:00p Bingo 4:00p Yoga Flow* 	18 Closed 
21 8:00a Indoor Walking 9:30a Stability* 9:30a Women's Chorus 10:30a Circuit* 11:30a Focused Gentle Yoga* 12:30p Bridge 12:30p Hand & Foot 12:30p Mahjong 1:00p Duplicate Bridge	22 8:00a Indoor Walking 9:00a Boom Muscle* 10:00a Painting Group 10:30a Stability PLUS* 11:30a Gentle Yoga* 12:00p Dyngus Day 12:30p Mahjong 1:00p Dominoes 	23 8:00a Indoor Walking 9:30a Stability* 10:00a Movie 10:30a Classic* 11:30a Gentle Yoga* 12:30p Bridge 1:00p Game Players 1:30p Rummikub 4:00p Free Yoga	24 8:00a Indoor Walking 9:00a Boom Muscle* 10:15a Circuit* 11:00a Senior Strong 11:15 Yin Yoga* 12:30p Hand & Foot 12:30p Westshore Watercolor 4:00p Yoga Flow*	25 8:00a Indoor Walking 9:15 Chair Yoga* 10:00a Friday Crafts 11:30a Stability PLUS* 12:30p Bridge 12:30p Hand & Foot 1:00p Westsiders Mahjong
28 8:00a Indoor Walking 9:30a Stability* 9:30a Women's Chorus 10:30a Circuit* 11:30a Focused Gentle Yoga* 12:30p Bridge 12:30p Hand & Foot 12:30p Mahjong	29 8:00a Indoor Walking 9:00a Boom Muscle* 10:00a Painting Group 10:30a Stability PLUS* 11:30a Gentle Yoga* 12:30p Mahjong 1:00p Dominoes	30 8:00a Indoor Walking 9:30a Stability* 10:00a Movie 10:30a Classic* 11:30a Gentle Yoga* 12:30p Bridge 1:00p Game Players 1:30p Rummikub 4:00p Free Yoga	 <p>HAPPY Passover</p> <p>Evening of Saturday, April 12th through Sunday, April 20th</p>	

*SilverSneakers® and Renew Active™ approved fitness class. See description and details on page 2.

City of Avon Lake
TALK ON THE LAKE
150 Avon Belden Road
Avon Lake, OH 44012
(440) 930-4135

To Our Friend:



Talk on the Lake

CITY OF AVON LAKE SENIOR CENTER SPONSORS

Open Weekdays 8:00am-4:30pm
440-930-4135

Patty Knip
Interim Senior Center Director/Senior Programming
pknip@avonlake.org



**Howard
Hanna** **Amy Margiotti**
Senior Real Estate Specialist
440-221-8657



Home Instead
Marny Fannin
In-home Care
(440) 353-3080



JOSEPH L. MOTTA CO., LPA
Estate Planning & Elder Law
440-930-2826



MJ ROGERS
& COMPANY
INVESTMENTS - RETIREMENT - INSURANCE
440.ADVISOR



Busch
Cremation • Burial • Pre-Planning
Julie Graf Skinner
440-933-3202 | 440-937-6175



Four Seasons
Home Care
Hedi Huebler
440-716-9100

Available online at www.AvonLakeRec.com

